

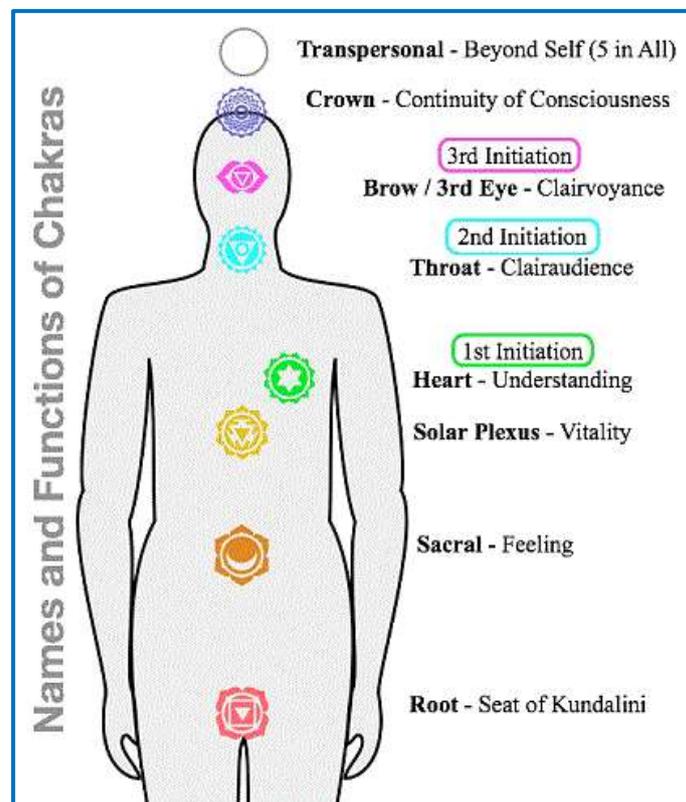
"Wet" Dreams

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What is known as **"Wet" Dreams** is actually **Astral Body Sex**. Alternatively **Astral Body Sex/Wet Dreams**, if it is done with intention (i.e. deliberately), could be called **Astral Projection** including a component of sex. **"Wet" Dreams/Astral Body Sex** is just usually unintentional Astral Projection. Every time someone is in Rapid Eye Movement Sleep (REM Sleep) they have actually projected their Astral Body out of their Physical Body – albeit unintentionally.

There are other names for this phenomena like **out-of-body experience** (OBE) and Spirit Walking but the OBE is involved in the Physical Component of the 4th Initiation – i.e. when the person is in a coma or undergoing a Near-Death Experience (NDE). I don't know of any cases where sex has been involved with the 4th Initiation.

As beings we possess many bodies – the Physical Body being just one. The **1st Initiation** involves mastery over the Physical Body but as someone progresses further up the Spiritual Ladder other Major Chakras become involved, beyond the Heart Chakra (see following).



Once either full, or near-complete enlivening of the **Throat Chakra** is gained, control over the Astral Body is attained and all of the abilities and powers associated with this advancement are available.

The Astral Body operates in the Astral Dimension (of course) and confirmation that there are other Dimensions, other than the Physical Dimension, come from Science. Just one Scientific Theory in Cosmology is M-theory and this Theory posits* that there are an infinite number of Dimensions. I would go a little further and posit that these Additional Dimensions are constructed by our SUB-conscious Minds and when I refer to "our" I am going beyond just our contributing Human Minds but for my reasoning you will need to [E-mail me](#).

* "posit" – put forward a proposition as fact or as a basis of argument

So you see that what I term "mainstream Psychiatry", where the DSM is used to determine a 'Diagnosis' and the **Reductionist Approach** of nothing existing outside what can be seen or felt, is blown out of the water by Science. PSYCHIATRY IS NOT SCIENCE – it is dressed-up and made to appear like Science but when a systematic analysis is used to investigate Psychiatry it is found to come up wanting! There are quite a few Psychiatrists, both alive and deceased, who have disputed "mainstream Psychiatry" but I don't consider any of them Scientists. They always seem to balk at crossing the divide from Psychiatry and Science in my view!

An example of where something is understood to be true is where something must be presumed to exist to explain the observed phenomena. [This is my understanding of "Dark Energy" and "Dark Matter" – their existence is presumed to explain the observed phenomena.](#) This is my attitude to these Major Chakras – some of the things I observed, during the Recovery Phase from my Nervous Breakdown, can only be explained by the esoteric literature associated with these Major Chakras. The information fits in neatly without distortion and no other explanation seems apparent to me – and no other explanations are even offered by conventional Mental Health Treatment Therapists.

The classic is when I have compared [recognised Symptoms of 'Mental Illness' with commonly-known psychic phenomena](#) and there is just this vacuum of response(s)! That's why one of these files I developed included reference to a Cosmological phenomena – '**Black Holes**'. Once the Event Horizon is passed "nothing comes out of a '**Black Hole**'"! It's the same with Psychiatry – no reasonable explanation is offered to explain their behaviour or opinions!

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